

CLINIC FEE: \$30.00

(Includes a Clinic T-Shirt if signed up by November 7th) Walk-Ins Welcome (Won't receive a clinic T-Shirt)

Sign Up Link (Ryzer) admcamps.com



ADM WRESTLING KICK-OFF CLINIC

WRESTLING CLINIC FOR ALL WRESTLERS
PRE-K - 12TH GRADE

CLINIC DATE: Saturday, November 15th

LOCATION:

ADM High School- North Gym

Please enter through the MS Commons entrance.

Youth Wrestlers (Pre-K - 6th Grade) 9:00 AM - 11:00 AM MS & HS Wrestlers (7th - 12th Grade) 12:00 PM - 2:00 PM

*Wrestling shoes are recommended but not required. Clean athletic shoes are required.

No shoes worn outside are allowed on the mat *

Contact Chris Rupe by email at chris.rupe@admschools.org or by cell at 641-777-1857 with questions.